

# WASHINGTON STATE REQUIRES FACE COVERINGS IN ALL PUBLIC SETTINGS

with few exceptions

## YOU MUST WEAR A FACE COVERING

unless exempted by age or medical condition



**PLEASE FOLLOW THE DIRECTIONS OF  
PROVIDERS AND CLINIC STAFF**

**THANK YOU FOR YOUR COOPERATION**

# HELP PREVENT THE SPREAD OF COVID-19

Practice Hand Hygiene and Cough Etiquette



**WASH HANDS**  
using soap & hot water

OR



**USE SANITIZER**  
regularly & thoroughly



**COUGH (and SNEEZE)**  
into your arm

AND



**DON'T TOUCH**  
your face or your mask

# **WE'RE SCREENING FOR COVID-19**

Tell the doctor if you're experiencing any of the following symptoms:

---

- **FEVER or CHILLS**
  - **SHORTNESS of BREATH**
  - **COUGH**
  - **HEADACHE**
  - **BODY ACHES**
  - **FATIGUE**
  - **NAUSEA**
  - **SORE THROAT or RECENT LOSS of TASTE/SMELL**
- 

In most cases, these symptoms are not caused by COVID-19, but it's best to let the doctor make that call